

Temperatures	Temperatures	Cannabinoids	Treatments	Compounds	Treatments
60 - 125 120°C	140 - 257 248°F	Tetrahydrocannabinol THCA Acid Conversion	1) Requires 30 mins in the oven. 2) Whe eaten raw (unheated): > Anti-inflammatory, > Anti-epileptic, and > Anti-proliferic	Cannabigerol CBG (Covered CBGA)	Conversion occurs while curing. > Anti-inflammatory > Analgesic, Anti-bacterial, > Anti-fungal, Bonestim, > and Anti-proliferic.
80 - 135 130°C	176 - 275 266°F	Cannabidiol CBDA Acid Conversion	1) Requires 60 mins in the oven. 2) Whe eaten raw (unheated): > Anti-proliferic and > Anti-inflammatory. > Not fully elucidated.	β -caryophyllene 1st Med Vapour During CBD conversion.	Anti-malarial, Cytoprotective, and Anti-inflammatory. Increases CBD, and CBN content.
100 - 145 140°C	212 - 293 284°F	Cannabichromene CBCA Acid Conversion	1) Requires 60 mins in the oven. 2) Whe eaten raw (unheated): > Anti-bacterial, and > Anti-fungal. > Not fully elucidated.	β -sitosterol 2nd Med Vapour During CBC conversion.	Anti-inflammatory, and 5- α -reductase inhibitor. Increases CBC, and CBE content.
Boil Point 157 155°C	Boil Point 315 311°F	Tetrahydrocannabinol THC Delta 9 (Δ 9)	> Anti-inflammatory, > Appetite stimulant, > Anti-emetic, > Anti-proliferic and > Anti-oxidant.	α -Pinene Daytime Meds	With CBD, treats MRSA, Anti-inflammatory, Bone stimulant, Anti-biotic, Bronchodilator, and Anti-neoplastic.
160 - 180 165°C	320 - 356 329°F	Cannabidiol CBD Excludes Δ -8	> Most conditions listed, <u>excluding</u> the following: > Anti-Insomnia, > Anti-fungal, and > Appetite stimulant.	β -myrcene Daytime Meds Δ -3-carene	Analgesic, Anti-biotic, Anti-mutagenie, and Anti-inflammatory
Boil Point 177 175°C	Boil Point 351 347°F	Tetrahydrocannabinol THC Delta 8 (Δ -8)	> Non-psychoactive. > Neuroprotective, > and Anti-emetic.	eucalyptol limonene p-cymene apigenin	Bleed blood flow stimulant. Anti-depressant, & Agonist Anti-biotic, & Anti-candidal. Estrogenic & Anxiolytic.
Boil Point 185 185°C	Boil Point 365 365°F	Cannabinol CBN THC degradation	CBN increases with prolonged exposure to heat, oxygen, and time. > Anti-spasmodic, > Anti-Insomnia, and > Analgesic.	cannaflavin A Nighttime Meds NORML Favourite	COX inhibitor, and LO inhibitor. Pending device temperature error.
Boil Point Theory 195°C	Boil Point Theory 383°F	Cannabielsoin CBE CBD degradation	CBE increases with prolonged exposure to heat, oxygen, and time. Likely to contain cannabinoids other than CBE. Intended to show the maximum medicinal temperature.	linalool Nighttime Meds	Sedative, Anti-depressant, Anxiolytic, and Immune potentiator (like limonene)
High Benzene level 205°C	High Benzene level 401°F	* Hydrocarbons * Benzene * Avoid vapours *	WARNING Toxic Vapours at 392°F Harmful smoke toxins begin	terpinen-4-ol Smoke \geq Vapour borneol	Antibiotic, and AChE inhibitor (like P-cymene)
Boil Point <220 220°C	Boil Point <428 428°F	Tetrahydrocannabivarin THCV Blocks THC	> Euphoriant, Anti-THC > Analgesic, > Anti diabetic, > Anorectic, and > Bone stimulant	α -terpineol Smoke \geq Vapour Ready to consume	Sedative, Anti-biotic, Anti-oxidant, and Anti-malarial. Reduce toxins by consuming.
Boil Point 220 220°C	Boil Point 428 428°F	Cannabichromene CBC Acid Conversion	> Anti-proliferative, > Anti-bacterial, > Bone stimulant, > Anti-inflammatory, > and Analgesic,	pulegoe quercetin Smoke \geq Vapour	Sedative, and Anti-pyretic. Anti-multigenic, Anti-viral, Anti-oxidant, and Anti-neoplastic.

Redrawn by Herbalodge on Reddit. For the members of the r/MedicalCannabisNZ Group V1 31-05-23